



A MEMBER OF THE BLOOD SYSTEMS FAMILY

102 CHESTNUT RIDGE ROAD, MONTVALE, NJ 07645

DONOR EXPRESS DONOR INSTRUCTIONS

ALL DONORS:

NOTE: The questionnaire (iDHQ) must be completed on the **DAY OF Donation** and in a **PRIVATE, CONFIDENTIAL Setting.**

1. From the Community Blood Services website, click on the iDHQ link, or the link provided upon scheduling a donation appointment.
 - The iDHQ start page will be displayed.
 - Click the button to choose the English or Spanish version.
2. Enter responses to the displayed questions.
 - Are you a first time donor?: Check “Yes” or “No”.
 - Enter birthdate: Enter date of birth as MM/DD/YY.
 - Click the appropriate button for gender: “Male” or “Female”.
 - DHQ Question #1 screen will be displayed.
3. Enter response to each DHQ question.
 - Click “Next” after each entry.
 - Upon completion of the iDHQ, the “Review” screen will be displayed.
4. Review your responses.
 - Make desired changes to responses, if needed.
5. Click “Generate Donor Pass” at the bottom of the “Review” screen.
 - Click “OK”.
6. Print or email the “Donor Pass”.
 - Enter donor email if choosing to email the “Donor Pass”.

- “Donor Pass” will contain three (3) bar codes.
7. Click the “Return to Community Blood Services” button.
 - You will be returned to the CBS website.
 8. Bring the “Donor Pass” to the collection site.